

FAMILY WELFARE INFORMATION

As part of our School Liaison support, Ms Morris, Miss Caswell and Miss Keeling are available each morning from 8.30am for parents and carers to have a quick chat about any concerns regarding attendance or any other issues that you may be facing.

We can arrange meetings to discuss things further in a confidential setting and we are able to offer a variety of support as required.

We have included some useful information below on some of the things we can help with, you are able to contact the agencies yourself however, we are more than happy to have a chat and support you.

Please feel free to contact the school or pop in to see one of the team for a chat or to arrange an appointment.



Positive Parenting Courses

The Positive Parenting Team organises and coordinates Parenting Programmes in Coventry for all parents, carers, grandparents, foster carers, connected persons and for those with a Special Guardianship Order.

The Parenting Programmes provide a wide range of support for Coventry families. This may be for families planning who are experiencing no difficulties, to families who are experiencing day to day difficulties with relationships, behaviours, feelings and confidence.

This support is available through Seminars and Groups including:

- Positive Parenting Team
- Family Links Antenatal Programme
- Family Links Nurturing Programme
- Triple P Group and Teen Programme
- Triple P Stepping Stones Programme
- Living with Confidence
- Triple P seminars

Parents can refer themselves to the above groups via the methods below. All programmes are free and there is crèche support for some group programmes.

Coventry City Council
PO Box 15
Council House
Coventry
CV1 5RR
Freephone 0800 4346127
Email: parenting@coventry.gov.uk
Tel: 024 7678 6949



DO YOU KNOW ANYONE THAT IS A YOUNG CARER?

Young carers are people aged between 5 and 18 years old who have a responsibility for looking after or helping someone else to look after a person who has a disability, a long term illness, mental health illness, autism, ADHD or someone addicted to drugs or alcohol. That person could be the child's mum, dad, brother, sister, grandparent or even a close friend or neighbour.

As a young carer, they may help by going shopping, cooking, cleaning, making sure the person they care for takes their medicine, talking and listening to them when they are not very happy, look after their brothers and sisters or anything else that helps at home.

Young Carers can help the child by listening to them when they want to talk, giving them information and advice, arrange trips and activities to give them a break from their caring responsibilities and support them through any troubles they may have in school (if the problems are because you are caring for someone).

You can contact Young Carers directly on:

Young Carers Services
Penny Collard Centre
Fleet Street
Coventry
CV1 3AY

024 7610 1040
07885 460882

youngcarers@carerstrusthofe.org.uk

Coventry Family Health and Lifestyle Services



There is now a Coventry Family Health and Lifestyle Service in your area. The service supports babies, children and young people from 0-19 years old with their health and wellbeing needs. It is an exciting, friendly and easy to access service which includes the following:

- Health Visiting
- School Nursing
- Be Active Be Healthy
- MAMTA
- Infant Feeding
- Stop Smoking in Pregnancy
- Family Nurse Partnership

In order to access these services, you can contact the Single Point of Entry number on 02475 189190. They also offer a CHAT Health text messaging service for 11-19 year olds to contact the School Nurse from 8am until 8pm for confidential advice and support on 07507 331949.

The Coventry Health and Lifestyle Services are based at:

Moat House Leisure and Neighbourhood Centre
1 Winston Avenue
Coventry
CV2 1EA

Parents/Carers can also contact the School Nurse to discuss any child health concerns they may have which are affecting their child's education, e.g. behaviour issues at home / poor sleep patterns / day time wetting / underweight / overweight / emotional wellbeing.

The advice contact number can be reached by calling 01926 626 590 between 5pm and 8pm Monday to Friday.

Children's Boot Fund Charity

Parents or guardians who find themselves in need of help may be able to have support from the Children's Boot Fund charity to purchase a pair of school shoes for their child.



If you are struggling and need support, please feel free to contact school or pop in to see a member of the welfare team who will be able to talk to you further about an application.

Family Hub



A family hub is a place where children, young people and their families can go when in need of help and support. The people working in the family hub will work in partnership with you and your community. They will help you find and get help from different services in the area and will be able to give you information, advice and support

There will be a range of services available. Some will be available only to those who have the greatest needs but there will also be services available to any family, child or young person who needs them (for example, baby health clinics and adult education classes).

Services offered by the Hub include:

- Support for young people aged 11 to 19 (targeted youth support work)
- Family support which may be offered within the home
- Support to children with special educational needs and their families
- A range of child and family health activities including baby wellbeing clinic and C-Card distribution points
- Parenting support
- Support with managing finances and getting back into work or training

Getting help from a family hub is simple. You can walk in during opening times which are 8.30 – 5.00 Mon-Thurs and 8.30 – 4.30 Fridays. You can telephone, or we can refer you. Wherever you live in the city, you will be able to get help from one of our eight family hubs. Our local Family Hub details are as follows:

Pathways Family Hub
Radford Primary School, Lawrence Saunders Road, Radford, Coventry
Postcode
CV6 1HD
<https://www.facebook.com/pathwaysfamilyhub>
<https://twitter.com/hubsfamily>

