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Come and Join us for our Parent workshop “Supporting Parents” that is being delivered by Coventry Educational Psychology Service. This workshop is open to all Coventry Parents.

The workshop will be based on three specific areas:

- **To support parents resilience**
- **To help build parents confidence**
- **To support parents well being**

The workshop will share some psychology principles and provide some helpful tips and strategies for parents to take away. There will be an opportunity to ask some questions too.



Date: Thursday 21st May

10.30 am -11.30am

This workshop will be delivered remotely via video call, (Teams), this can be accessed via phones,laptops, iPad etc. Please contact us to book your place and further details. We will be sharing the slides and information with those that book on so you can view at your leisure.

To book your place, or for further information please contact Kellie or Carol on 07874242733 or onevoicegroup@btinternet.com .



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