



5 January 2022

Dear Parents/Carers

With increasing COVID cases across the country, as the children return to school we all need to continue to make every effort to keep everyone safe.

Please do not send your child to school if they have any of the following symptoms:

- A new continuous cough
- High temperature
- Loss of, or change in, sense of taste or smell
- Headache
- Sore throat
- Tiredness/ fatigue
- Muscle aches
- Sickness or diarrhoea
- Runny nose / cold symptoms
- Shortness of breath

Please continue to use Lateral Flow Tests on a regular basis, as this is the most effective way of detecting infections. You can collect from a pharmacy, or a community centre or online at:

<https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests>

To book a PCR test follow this link: <https://www.gov.uk/get-coronavirus-test>

In line with the most recent guidance (January 2022), there has been a change in the number of days of isolation and procedures for identified close contacts, following a positive PCR:

- Positive cases should isolate from the day symptoms started/day of test (if no symptoms) and for the next 7 full days.
- A day 6 and day 7 negative LFT test is required for de-isolation. Your child can return on Day 8, providing they are feeling well and do not have a temperature.
- If you are notified that your child is a close contact, it is recommended they have daily LFT's for 7 days. For children in Early Years, it is recommended that close contacts have a PCR test, as well as daily LFT's.
- We would also like parents to consider keeping their child at home until the result of a PCR test is received and continue to LFT for the remaining 7 days, returning to school if the result is negative
- You can read the up to date guidance by clicking on the link <https://www.gov.uk/coronavirus>.

Many thanks for your continued support in these very challenging times. As ever, we will continue to try to keep our school community as safe as possible.

Yours sincerely

J McGibney
Headteacher