



WHITMORE PARK PRIMARY SCHOOL

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SETTING CHILDREN UP FOR SUCCESS WITH A FREE HEALTHY BREAKFAST

Dear Parents and Carers,

Our school has joined the National School Breakfast Programme (NSBP), which is part funded by the Department for Education and delivered by Family Action to support schools in England to provide children with a healthy breakfast at the start of the school day.

We are excited to be part of the National School Breakfast Programme. This is a great opportunity to not only give our pupils a nutritious breakfast at the start of the school day but also to impact on their readiness to learn, behaviour, punctuality and wellbeing.

Evidence has shown that pupils benefit from having a healthy, nutritious breakfast each morning to enable them to access learning.

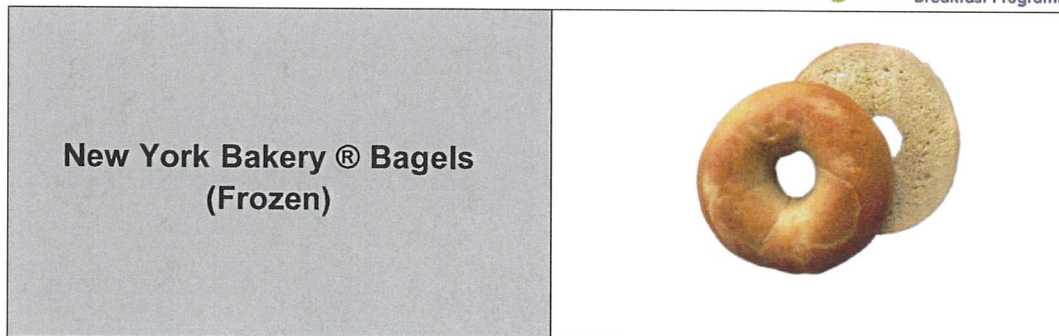
The programme will start on Monday 6th March and run up until July 2024. Children will be offered bagels in their classroom at the start of the school day, before registration from 8:45am to 8:55am.

We have included details about allergens and nutritional values over the page.

If you'd like to find out more about the programme please visit their website: <https://www.family-action.org.uk/what-we-do/children-families/breakfast/>

Yours sincerely

Mrs J. McGibney
Headteacher



Ingredients	Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Sugar, Maize, Rapeseed Oil, Yeast, Salt, Wheat Gluten, Malted Barley Flour , Flour Treatment Agent (Ascorbic Acid).
Allergens	Wheat flour (gluten), Wheat Gluten, Malted Barley Flour (gluten).
Advisory note	May also contain traces of sesame . Contains yeast. Contains maize.
Good to know	Suitable for Vegetarians and Vegans. Product is Halal and Kosher certified. Free from artificial colours and flavours. Made on a nut-free site.

Nutritional Information

Typical values	Per 100g	Per 115g bagel(1 serving)	% of Reference Intake(RI) per serving
Energy	1087kJ +/- 20%	1250kJ +/- 20%	15%
	257Kcal +/- 20%	296Kcal +/- 20%	15%
Fat of which saturates	1.6g +/- 1.5g	1.8g +/- 1.5g	3%
	0.2g +/- 0.8g	0.3g +/- 0.8g	1%
Carbohydrates of which sugars	50.0g +/- 0.8g	57.5g +/- 0.8g	-
	5g +/- 2g	5.8g +/- 2g	7%
Fibre	3.1g +/- 2g	3.6g +/- 2g	-
Protein	9.1g +/- 2g	10.4g +/- 2g	-
Salt	0.65g +/- 0.375g	0.75g +/- 0.375g	12%